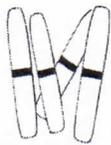


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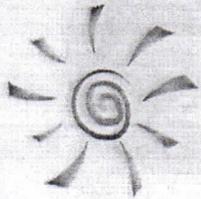
Colebrook Recreation

Summer Camps

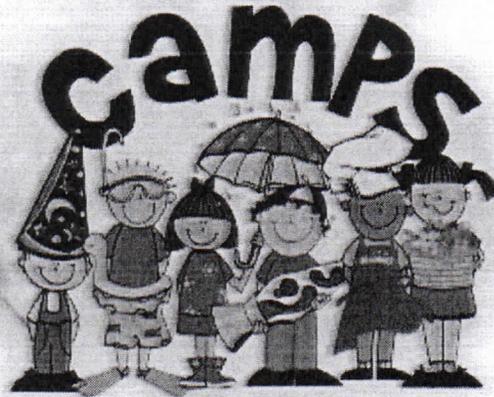


Melissa Shaw, Recreation Director
17 Bridge Street
Colebrook, NH 03576

Office- 603-237-5086
Voice Mail- 802-962-0722
colebrookrecreation@gmail.com



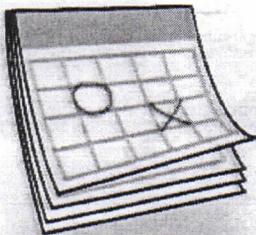
It is the philosophy of the Recreation Department of Colebrook to maintain a safe, friendly, and entertaining environment for all involved in programs. These programs are designed to expose participants, regardless of ability, to the benefits of organized sports and activities.



FINANCIAL ASSISTANCE



Financial assistance is available to those that qualify for Camp Monadnock, Hikes Bikes, and select sports camps. Applicants must be residents of Colebrook. Applications may be picked up at the Recreation Office located in the Colebrook Town Hall and will not be accepted after June 10th.



PAYMENT PLANS

Payment plans are available for recreation department programs this does not include individual camp fees such as craft fee, facility fees, and field trip shirt. Plans should be set up at time of registration and should include a deposit at that time. **All camps must be paid in full two weeks prior to attendance**, payment plans will be arranged to accommodate attendance. Please contact Melissa at the Recreation Department to register and set up a payment plan as soon as possible. Failure to make payments jeopardizes child's attendance.

<http://colebrookrecreation.weebly.com>

Sticks For Kids Golf Camp

June 10- July 22

Boys & Girls ages 7-12

This is a six week camp which will be held at the Colebrook Country Club starting with a mandatory orientation on Wednesday June 10th at 5:00 for participants and parents. The first class will be June 17th at 4:00. Camp fee includes instruction, greens fees, team shirt and the awards dinner

Wed. June 10 Orientation at 5pm for parents & students

Wed., June 17 Class #1, 4-5:30pm

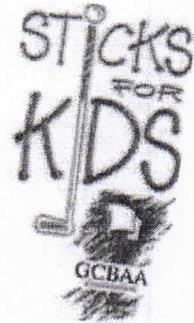
Wed., June 24 Class #2

Wed., July 1 Class #3

Wed., July 8 Class #4

Wed., July 15 Class #5

Wed., July 22 Class #6 tournament & awards dinner



Thank you to the Sticks For Kids grant for providing golf equipment for use during the camp and play throughout the season.

Camp Fee: \$90 per child payable to the Colebrook Country Club

Register by calling 237-5566

Space is Limited

RW Soccer Camp

June 10-12

Boys and Girls entering grades 2-6

Wednesday, June 10th 3-5:00

Thursday, June 11th 1-3:30

Friday, June 12th 9-12:00

RW Soccer camp is designed to introduce the game of soccer to young players through games and activities. The more advanced players will start developing skills for improvement in game situations. Camp will be held rain or shine and be led by Plymouth State Men's Soccer Coach Rob Wright.

Camp Fee \$40 residents/\$45 non-residents

Late fee of \$5 if registered after June 1st

A \$10 deposit is required to hold a registration spot for this camp.



Colebrook Hoop Camp

June 16, 17, & 18

Boys & Girls

Going into Grades 3-5 8:00-9:30

Going into Grades 6-8 9:30-11:30



Colebrook Hoop camp will focus on advancing basketball skills and fundamentals. Camp will demand maximum concentration and effort. Each session will be drills, games, and activities. The camp will be led by Colebrook Academy varsity boy's basketball coach, Mr. Trask.



Camp Fee \$25 residents/\$30 non-residents

Late fee of \$5 if registered after June 1st

A \$10 deposit is required to hold a registration spot for this camp.

REGISTER FOR BOTH CAMPS & SAVE

Resident Fee: \$40 for skills & hoop camp
Non-Resident Fee: \$50 for skills & hoop camp

Basketball Skills Camp

June 24th - July 22nd

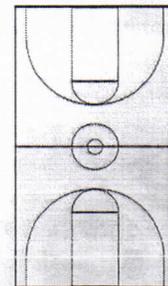
Wednesdays 6-7:30
Boys & Girls grades 3-8

This camp will meet once a week with instructor Garth Hurlbert (Colebrook Junior High Girls basketball coach), to work on fundamental skills of basketball- shooting, dribbling, passing, catching, rebounding, offense-defense (2vs2, 3vs3). Each week participants will take part in drills and activities to enhance the fundamental skills of the player.

Camp Fees: \$25 Residents/ \$30 non-residents
Late fee of \$5 if registered after June 1st

A \$10 deposit is required to hold a registration spot for this camp

Note: There will be no five on five scrimmages or games in this camp.



Cooking Matters™ for Teens

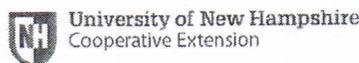
Mondays June 15th - July 20th

Boys & Girls Grades 6-8 (ages 11-13)

1:00-3:00



Learn the basics of COOKING and HEALTHY EATING in FREE Hands-on Cooking Classes. Practice preparing dinners, lunches, snacks, and breakfast. All meals are healthy, low cost, and tasty. Classes will be held at the Monadnock Congregational Church.



To Register Contact:
Heidi Barker
UNH Cooperative Extension
603-788-4961
Heidi.Barker@unh.edu



SHARE OUR STRENGTH'S
**COOKING
MATTERS**
NO KID HUNGRY

Murphy's Running Camp

First session July 7th at 5:30

Boys & Girls grades 4 - 12

This program will meet twice a week trying to meet on Tuesdays & Thursdays, dates could be changed due to schedule conflicts. Camp will be led by Cross Country Coach Dave Herr and local runners Jeff Brooks, Bridget Freudenberger, and Roxanne Herres. The camp will work on developing training methods, tips, and physical training for a 5k run. The camp will end with the "Murphy's 5k Trail Run" on the last day of the program, August 29th.

Camp Fees: \$20 Residents/ \$25 non-residents

Late fee of \$5 if registered after June 1st

A \$10 deposit is required to hold a registration spot for this camp



Colebrook Recreation Department Races open to all
4K on the 4th of July
Murphy's Trail Run August 29th

"Running should be a lifelong activity. Approach it patiently and intelligently, and it will reward you for a long, long time."-Michael Sargent

summer CAMP

June 15th- July 23rd

Camp Monadnock

Girls & Boys going into grades 1-5

Camp Monadnock is intended to be a fun learning environment for children of the community. Each week campers will take part in arts and craft projects, library programs, swimming, various sports games, mind games, food creations, and a different field trip each week. Campers may choose the number of weeks they would like to attend from just one week up to all six weeks. Camp will run Monday through Thursday starting on June 15th. Camp drop off and supervision starts at 8:00 and pick up is at 4:00 at the Colebrook Elementary School.

Hikes Bikes Trips & Flips

Girls & Boys going into grades 6-9

All campers will be taking part in swimming, biking, hiking, orienteering, overnight adventures, field trips, and many various contests. Hours and dates of Hikes Bikes camps vary between Monday-Thursday dependent on the activities scheduled for the week. A detailed schedule will be given at time of registration. To take part in this camp a bike and helmet is mandatory.

Registering early will help ensure placement in camp, adequate staffing, and materials for each week of camp.

<u>WEEK</u>	<u>DATES</u>	<u>FIELD TRIPS</u>		
		<i>Camp Monadnock Grades 1-5</i>	<i>Hikes Bikes A Grades 6 & 7</i>	<i>Hikes Bikes B Grades 8 & 9</i>
Week 1	June 15-18	April's Maple	Bowling	Bowling
Week 2	June 22-25	PJ Bowling Party	Fenway Park	Fenway Park
Week 3	June 29-July 2	Attitash	Attitash	AMC program/Attitash
Week 4	July 6-9	Storyland	Storyland	Storyland
Week 5	July 13-16	Beach Trip	Beach Trip	Beach Trip
Week 6	July 20-23	Whales Tale	Whales Tale	Whales Tale



Camp Fees: \$55 residents/\$85 non-residents per week

Camp Field Trip T-shirt: \$10.00

Craft Fee: \$5.00 per camper

NCCRC Facility Use Fee: \$5 per camper

Late fee of \$10 per week if registering after June 1st

A \$10 deposit is required to hold a registration spot for this camp.

Bike inspections & helmet fittings available with Jonathan Dodge at The Spoke 'n' Word

Summer Bowling Camp

Friday's June 19th - July 24th

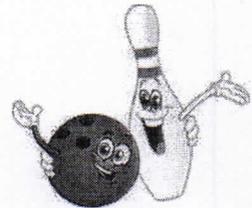
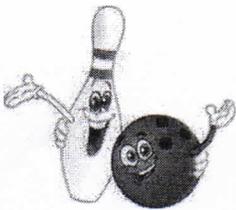
Boys & Girls grades 4-8
11:00-2:00



Come take part in the first kids summer bowling camp at Strike Zone Pizza Pub. Participants will bowl two strings each week receiving tips and coaching from Steve Dowse. All campers will be placed on a team and compete weekly for six weeks. Bowlers are welcome to purchase lunch at Strike Zone or may bring a bag lunch.

Camp Fees: \$50 per person
Late fee of \$5 if registered after June 1st

A \$10 deposit is required to hold a registration spot for this camp



Soccer Skills Camp

July 27- 30th

Boys & Girls grades 2-5
9-4:00 rain or shine

Spend a week this summer with the Recreation Staff working on your soccer skills. Participants will work on soccer fundamentals—dribble, passing, trapping, turning, goalkeeping, goal scoring skills, and ball control. Skills will be taught and practiced through games, activities and drills through out the day. Campers should bring— plenty of water, lunch, snacks, extra clothes and sneakers/cleats.

Camp Fees: \$55 Residents/ \$70 non-residents
Late fee of \$5 if registered after June 1st

A \$10 deposit is required to hold a registration spot for this camp

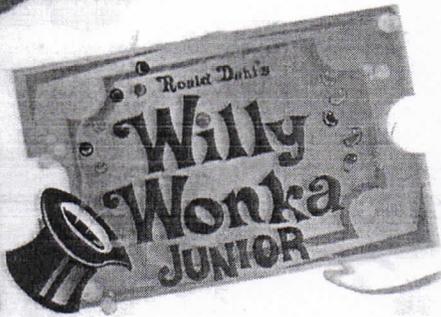


Drama Camp & Drama Camp Jr

August 3- 14th

Boys & Girls Grades 2-9

We enter the tenth drama camp production taking on Willy Wonka Jr. The two week camp will run Monday through Friday from 9:00-4:00. All participants will take part in the production and performance of a show at the conclusion of camp at the Tillotson Arts Center.



Two Week Camp Fees:

\$85 residents/\$115 non-residents

(optional) Drama Camp T-shirt: \$10.00

Late fee of \$10 if registering after July 10th

\$10 deposit is required to hold a registration spot.



Camp Monadnock II

August 3rd - 13th

Girls & Boys grades 1-6

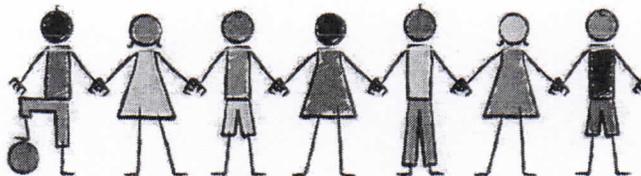
Camp Monadnock II runs from 9-4:00 Monday through Thursday for 2 weeks during the summer. The camp drop off is at CES and much of the day will be spent in various locations around town and at the NCCRC. All campers will take swim lessons from NCCRC staff and take part in daily activities which will include crafts, games, swimming, scavenger hunts and more. Campers should bring a lunch, bathing suit, and appropriate footwear daily.

Two Week Camp Fees: \$85 residents/\$115 non-residents

Craft Fee: \$5.00 per camper

Late Fee of \$5 if registering after July 10th

A \$10 deposit is required to hold a registration spot for this camp.



Advanced Soccer Camp

August 3rd-6th



Boys & Girls grades 6-12

The Advanced Soccer Camp will be lead by Plymouth State Men's Soccer Coach Rob Wright. Soccer players will work on basic techniques such as dribbling, passing, and trapping. Coach Wright will also touch upon 1v1 defending and attacking, finishing, shielding, heading, and some goalkeeping.

Monday, Tuesday, Wednesday- 4:00-6:00 Junior High sessions (grades 6-8 boys & girls)

6:00-8:00 High School sessions (boys & girls)

Thursday - 8:00-10:00 Junior High sessions (grades 6-8 boys & girls)

10:00-12:00 High School sessions (boys & girls)



Camp Fee: \$50 per player



Mini-Kickers Soccer Camp

August 18, 19, & 20

Boys & Girls Going into Pre-K, K, & 1

5:30-7:00

New camp to introduce the game of soccer and organized athletic instruction to the youngest athletes. Counselors will entertain campers in a safe and fun environment while teaching the beginning basic fundamentals of the game of soccer.

Fee: Cost: \$15 residents, \$20 non-residents

Late Fee of \$5 if registering after August 1st

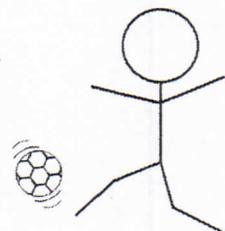


Recreation Travel Soccer Team

August—October

Boys & Girls Grades 3-6

Travel Team Soccer is open to boys & girls going into grades 3-6 that want to be participate on a team. Teams play in 2-4 tournaments over the course of the season as well as regulation games against local teams. Transportation to and from games and tournaments is the responsibility of the parents.



The roster of those that sign-up will be given to the coach who will contact players with the date of the first practice to be held in August.

Travel Team Fee: \$25 residents, \$30 non-residents

Late Fee of \$5 if registering after August 1st

Recreate in Colebrook



Take the opportunity to connect with some of the organizations/businesses that the recreation department uses in Colebrook.

COLEBROOK ORGANIZATION	PHONE	ADDRESS
Bridge Street Indoor Golf	603-237-8713	38 Bridge Street
Colebrook Country Club	603-237-5566	15 Abenaki Lane
Colebrook Public Library	603-237-4808	126 Main Street
Mostly Muffins	603-237-4582	51 Parsons Street
North Country Community Recreation Center	603-237-4019	33 Rec Center Road
Strike Zone Pizza Pub	603-237-4836	19 Park Street
The Spoke 'n' Word Bicycle Repair & Advice	603-237-1613	10 Spring Street
Tillotson Center for the Arts	603-237-8328	14 Carriage Lane

Colebrook Recreation Department

237-5086

colebrookrecreation@gmail.com

<http://colebrookrecreation.weebly.com/>